

## Alternative Christmas Giving

We have designed some alternative Christmas presents to enable you to help transform the lives of people in Turkana, where New Ways has the majority of our projects, with health and nutrition being key part of our work. Life expectancy increases with the work our health programme carried out with the local people. In Turkana in general there is always a lack of food and the young and elderly in particular suffer. That's why our nutritional nurseries provide breakfast and lunch as there may be no food available for an evening meal. Also the Turkana people in general are nomadic pastoralists and so live off the milk and blood of their animals which doesn't provide all the vitamins needed for full development. So please the Christmas support these wonderful projects by buying the gifts below which range from 20p to £100.

### NEW WAYS CHRISTMAS HAMPER

## "The Gift that Gives Twice"

**1. MEDI- PACK**




**3. NUTRI - PACK II**




**2. NUTRI - PACK I**




**4. CARE - PACK**

We will provide you with Good Gift certificates for all alternative gifts purchased for you to pass to friends and family.

**MEDI – PACK:** *Your gift will buy enough medical supplies to provide a complete treatment for malaria for two children in Turkana, Kenya! You can also support treating 1 child for Malaria*

**CARE – PACK:** *In Turkana, Kenya, your gift will help buy a mosquito net and enough vitamins and supplements to support three expectant mothers during pregnancy!! You can also buy for 1 person*

**NUTRI – PACK:** *Your gift will help feed one child 5 days a week in Turkana, Kenya – for half a year in 2015!! You can also buy for 3 months.*

**NUTRI – PACK II:** *Your gift will feed one person for six months as part of our care for the elderly project in Turkana, Kenya!! You can also buy for 3 months.*

## NEW WAYS Stickers

We all know that your children also like to support charities at Christmas and especially those that help other children. We wanted to do something fun that your children can add to the Christmas cards they give to their friends. You can now buy a page of 35 stickers for your Christmas Cards at a cost of £7. Each individual sticker which provides one of the following:

- Breakfast to one child for 10 days
- Pencils and jotters at the nursery schools
- Medicine – 10 children will be helped with much needed vitamins especially Vitamin A & D

So please support this initiative as you are looking to provide breakfast in 14 nurseries with over 1500 children. We very much believe your children will enjoy changing the lives of other children.



## NEW WAYS Wrist Bands



### A Great Christmas Gift for all...

Our wrist bands cost £5 each to represent the **cost of feeding A child in Turkana for a month** at our nutritional nursery schools. They carry the tag Break the Chain and we want to break the chain of poverty and malnutrition. It will make a great stocking filler.

## School Uniforms

We like to provide all children attending our nursery schools with a uniform while they are at school. We encourage them to have a shower before we serve breakfast and then they go to classes. In a region that is constantly short of water this is a big step forward to improve health and hygiene. We support 20 nursery schools and almost 2000 children. We need to replace the uniforms every year. Please help.

